PUSHYNUSHIMA FUN DIVING

Pleas print legibly

★ DIVE RECORD FILE ★ Room: Name: Date of birth: month dav vear Address: _____ Phone: **★** EMERGENCY CONTACT INFORMATION ★ Ralationship: Name: _____ Address: _____ Phone: ______ **★** CERTLFLCATE CARD ★ / Certificate number: ______day year Date certificated: month Diving group: NAUI PADI CMAS JP ADS JUDF SSI others () Diving level: OPEN WATER ADVANCED RESCUE DIVE MASTER INSTRUCTOR others () **★** DIVING EXPERIENCE ★ Diving experience: Total of _____ Dives,including boat dives. Latest diving date: / / month day year **★** RENTAL EQUIPMENT ★ \square regulator \square BCD \square mask \square gloves \square suit \square none Heigt: cm Weight: kg Shoe size: _____cm Eye sight ievel: R L Softcontact lens OK / Hardcontact NG

★ MEDICAL CHECK ★

Diving is an exciting and demanding activity. When performed correctly, applying correct techniq use, it is very save. When established safety procedures are not followed, however, there are dangers.

To scuba dive safety, you must not be extremely overweight or out of condition. Diving can be strenuous under ceta conditions, which your respiratory and circulatory systems must be in good health. All body air space must be nor and healthy. A person with heart trouble, a current cold or congestions, epilepsy, asthma, a severe medical problem or who is under the influence of alcohol or drugs should not dive. If taking medication, consult your doctor and the instructor before participation in this dive tour.

ease mark the following you apply: I have had or currently have···
☐ frequent colds, sinusitis, or bronchitis. ☐ frequent or severe attacks of hay fever or allergy. ☐ history of ear disease, hearing loss or problems with balance. ☐ been smoking more than 1 pack of cigarettes. ☐ Claustrophobia or agoraphobia. (fear of closed or open spaces) ☐ history of diving accidents or decompression sickness. ☐ history of disease in repiratory organs. ☐ (tuberculosis, pneumonia, asthma, other.) ☐ history of chronic disease. ☐ (heart disease, high blood pressure, diabetic, othere.) ☐ regularly taking prescription or nonprescription medications. ☐ frequently suffer from motion sickness. (sea, car, etc.) ☐ been pregnant or attempting to become pregnant. ☐ history of drug or alcohol abuse.
★ STATEMENT OF UNDERSTANDING ★
, understand that as a diver I should.

- 1. maintain good mental nad physical fitness for diving. Avoid being under the infulence of alcohol or drug lack of sleep, over work, of any other that may give a affection on me dives.
- 2. Adhere to the buddy system through out every dive.
- 3. Know and obey local diving laws and regulations, including fish-game and dive-flag laws.
- 4. Listen carefully to dive briefings and directions and respect the advice of those supervising my diving activities.
- 5. Breathe properly for diving. Never breath hold or skip breath when breathing compressed air, and avoid excessive hyperventilation when breath-hold diving. I will avoid overexertion while in and under.
- 6. Understand that diving is a suport that includes peculiar respiration system and answer for the danger and responsible for my behavior.
- 7. Not dive on the day I have boarding plans.

(print name)

I have read the above statements and have had any questions answered to my satisfaction. I understand the importance and purposes of these established practices. I recognize they are for my own safety and well being, and that failure to adbere to them can nlece me in ieonardy when diving.

well being, and that failure to adbere to them can nlece me in leonardy when diving. I will not claim damages or start any of the staffs for any kind of accident that mayoccur. Also, the infoemation I have provided in medical check is accurate to the best of my knowledge.				
Also, the infoemation I have provided in medical check i	s accurate to the dest	or my know	rieage.	
	/		/	
Signature	month	day	year	